

Sample prep

# Extract samples from dried blood spots for HIV-1 drug resistance detection

HIV drug resistance (HIVDR) compromises the effectiveness of antiretroviral therapy and leaves individuals vulnerable to HIV-associated illnesses. Drug resistance surveillance is critical for understanding and minimizing the spread of HIVDR.

**Current efforts to expand drug resistance testing are limited due to several key challenges:**

- High cost per sample
- Difficulty of shipping to rural areas
- Patient reticence toward drawing blood
- Lack of a complete workflow solution

Labs in rural, low-income, and middle-income regions require a convenient, cost-effective sample type that can enable testing at greater volumes. Where larger blood samples are logistically and culturally impractical, dried blood spots (DBS) may be a more feasible alternative specimen type.

The Applied Biosystems™ MagMAX™ Viral/Pathogen Nucleic Acid Isolation Kit for HIV-1 Dried Blood Spots is an affordable, robust sample preparation solution for resource-limited countries.



**Features include:**

- **Easy transportation**—can be transported at ambient temperatures, enabling sample integrity even during transport delays; it is shipped through regular mail as nonhazardous materials, reducing hassle and shipping costs
- **Flexible sample types**—works for both plasma and DBS
- **Small sample size**—requires less blood (50–100 µL per spot), which promotes patient comfort and makes samples easier to obtain
- **Complete workflow available**—compatible with the Applied Biosystems™ HIV-1 Genotyping Kit for a straightforward workflow and easier purchasing and shipping

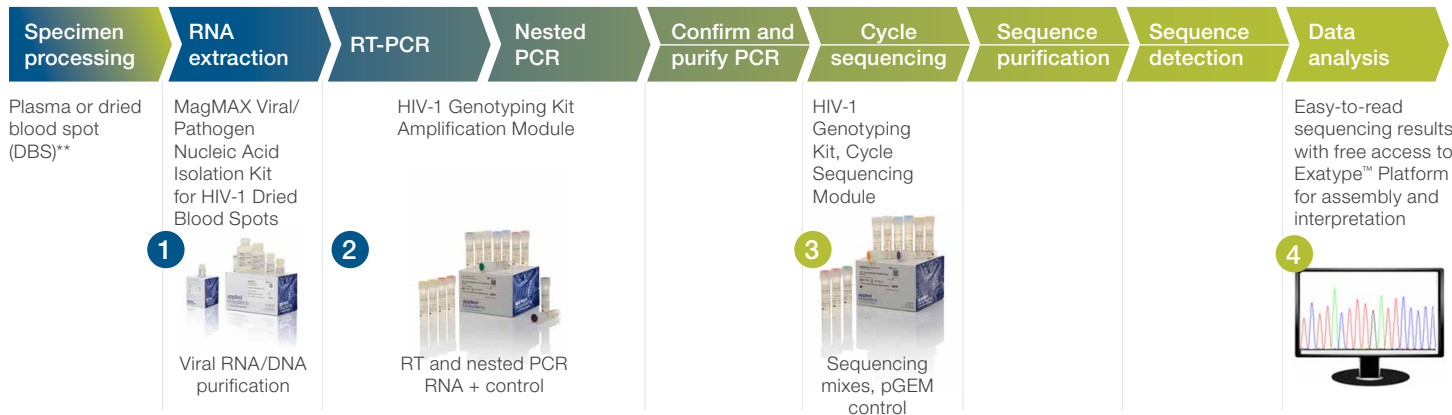
## Part of the complete workflow:

~3 hr

Total hands-on time\*      30 min      15 min      20 min      30 + 20 min      30 min      10 min      10 min      30 min

~15 hr

Total run time      1 hr      3.5 hr      3 hr      0.5 + 0.5 hr      2.5 hr      0.5 hr      1.5 hr/run      None



Scalable; ~3 hours hands-on time, ~15 hours from sample to result

### Ordering information

#### MagMAX Viral/Pathogen Nucleic Acid Isolation Kit for HIV-1 Dried Blood Spots

Cat. No.	A53770
Quantity	100 reactions
Kit components	<ul style="list-style-type: none"> <li>Dried Blood Spot Lysis Solution, 60 mL</li> <li>Binding Solution, 55 mL</li> <li>Wash Solution, 100 mL</li> <li>Elution Solution, 10 mL</li> <li>Proteinase K, 1 mL</li> <li>DNA/RNA Binding Beads, 2 mL</li> </ul>
Kit storage temperature	15°C to 25°C
Sample types	DBS and plasma
Instrument required	<ul style="list-style-type: none"> <li>Magnetic stand (manual protocol)</li> <li>Thermo Scientific™ KingFisher™ Sample Purification System (automated protocol)</li> </ul>

\* Numbers reflect estimated hands-on time for 24 samples.

\*\* DBS samples must be processed within 2 weeks of collection under ambient storage conditions.



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